

Grŵp Traws Bleidiol ar Anhwylderau Bwyta Cross Party Group on Eating Disorders

Minutes of the last meeting

26 January 2016

Tŷ Hywel, National Assembly for Wales

IN ATTENDANCE:	
Bethan Jenkins AM (Chair)	South Wales West / Plaid Cymru
Katie Dalton (secretary)	Gofal
Jane Burgoyne	Primary Care Lead Counsellor
Julie Davies	Mental Health Matters Wales
Ewan Hilton	Gofal
Julie Jones	The Church of Jesus Christ of Latter-day Saints
Menna Jones	T3 ED Team Clinical Lead Cardiff and Vale/Cwm Taf UHB
Manon Lewis	Service user
Gerrard McCullagh	Tier 3 Adult Eating Disorder Service SP and ABUHB
Michaela Moore	Mental Health Matters Wales
Don Ribeiro	Carer
Dr Kshesh Sidhu	Public Health Wales
Jacinta Tan	Swansea University / Abertawe Bro Morgannwg UHB

CPGED/NAW4/33 - Welcome and apologies	Actions
<p>Bethan Jenkins welcomed attendees to the meeting of the Cross Party Group on Eating Disorders.</p> <p>RECEIVED: Apologies from absent members</p> <ul style="list-style-type: none"> • Jane Hutt AM • David Melding AM • Kirsty Williams AM • Martin Ball • Jess Chappell • Wendy Clarke • James Downs • Robin Glaze • Emma-Jayne Hagerty • Brian Kerens • Llinos Kerens 	

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<ul style="list-style-type: none"> • Helen Missen • Janet Ribeiro • Carolyn Sansom • Caroline Winstone 	
CPGED/NAW4/34 - Minutes of the last meeting	Actions
<p>AGREED: The minutes of the last meeting were agreed.</p>	
CPGED/NAW4/35 - Matters arising	Actions
<p>DISCUSSED: Matters arising</p> <p>CPGED/NAW4/25 - Mental health and eating disorders in schools ACTION: BJ to write to the Education Minister BJ to write to local authorities UPDATE: Letters had been sent to both the Education Minister and Local Authorities. Replies have been received from the Education Minister and several local authorities. Copies were made available to members of the group. Members discussed the variation in the quality of responses and how some had included some misconceptions about eating disorders and the curriculum. The group agreed that a summary document would be produced when more responses had been received - and this would be sent to the Education Minister.</p> <p>CPGED/NAW4/27 - Assembly election manifestos ACTION: BJ/KD to send the key issues document to political parties KD to add the development of key pledges to the agenda of the next meeting UPDATE: KD has sent the 'Key issues' document to the political parties. The development of key pledges is on the agenda for today's meeting.</p> <p>CPGED/NAW4/28 - Eating disorder services in North Wales ACTION: EH to speak to Welsh Government officials UPDATE: EH is checking on the progress of this issue and would report back at the next meeting.</p>	<p>KD to produce summary document once more responses have been received.</p>

CPGED/NAW4/36 - Refresh of the Eating Disorders Framework for Wales	Actions
<p>Bethan Jenkins welcomed Dr Klesh Sidhu to the meeting and thanked him for returning to update the group on his work to refresh the Eating Disorders Framework for Wales.</p> <p>KS outlined the refresh process, which has included an examination of patient outcomes, a web consultation (aimed predominantly at professionals) and two public engagement events with patients and family members/carers in north and south Wales.</p> <p>KS outlined the outcome data he had examined, including BMI and psychological outcomes for children and adults, across tiers 2, 3 and 4. Feedback from the public engagement events had highlighted the importance of not viewing BMI data in isolation - and that psychological outcomes were crucial. Concerns were raised by some members about the inclusion of BMI data in relation to bulimia. KS agreed to look at this issue again. Questions were also asked about whether the longer term impact on weight and psychological outcomes could be recorded. KS agreed that this would be useful to determine long term effectiveness of treatment.</p> <p>KS outlined the issues that arose in the web consultation - including adverse comments about implementation and a major concern about the lack of dietetics in the original Framework. He explained that these would be addressed in the refreshed Framework and that new sections about dietetics would be included.</p> <p>KS talked about the public engagement events in Cardiff and Wrexham, commenting that they were well received by attendees. The events provided a safe space (with facilitators who were not connected to local services) where people with experience of living with an eating disorders, family members and carers could talk about their experiences of what went well and what did not go well when they used services. The feedback about the events was very positive and the themes raised by attendees were consistent (both in terms of what went well and what did not well). These themes included:</p> <ul style="list-style-type: none"> • Knowledge and attitudes of staff • Holistic approaches to recovery • Patient and carer empowerment 	

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<ul style="list-style-type: none"> • Post discharge planning • Speed of referral • Information for patients and carers <p>KS outlined the main changes to the Framework, which include:</p> <ul style="list-style-type: none"> • Implementation monitoring by Welsh Government and Local Health Boards - including outcomes and patient experience measures • Dietetics - a tier specific description and training for professionals • Family based therapy - which many people at the public engagement events had found very useful or wish they'd had access to • Legal refresh - to include references to services and patient rights the Mental Health (Wales) Measure 2010, which has been implemented since the Framework was first published. <p>The refreshed Framework will include an Appendix, which will feature outcome data and feedback from the web consultation and public engagement events. Next steps: KS explained that the refreshed Framework would need to be signed off within Public Health Wales and presented to the Welsh Government, before being published.</p>	
CPGED/NAW4/37 - Together for Mental Health delivery plan 2	Actions
<p>KD informed cross party group members that the Welsh Government has recently published the Together for Mental Health delivery plan for 2016-19 and that it was out for public consultation until 4th April.</p> <p>KD highlighted section 7.6 which relates to eating disorders:</p> <div style="background-color: #f0f0f0; padding: 10px;"> <p>7.6. To ensure people of all-ages experiencing eating disorders are able to access appropriate and timely services.</p> <p>(i) Health boards to ensure the updated eating disorder framework for adults, children and young people is fully operational across Wales and adhere to NICE guidelines so that treatment is received in a timely manner by September 2017.</p> <p>(ii) Health Boards to deliver eating disorder treatment services as close to home as possible, in either inpatient or community settings by September 2016.</p> </div> <p>Performance measure: 50% reduction of out of area placements by 2017/18 from a 2013/14 baseline</p>	

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<p>Members expressed disappointment that this is the only reference to eating disorders within the delivery plan and that the performance measures did not include anything about patient outcomes or satisfaction.</p> <p>Members expressed an interest in responding to the consultation and highlighting areas for improvement. KD was asked to write a summary of the issues that members could raise in their consultation responses and then send it to cross party members with relevant links and information about the consultation.</p>	<p>KD to write and circulate information to members.</p>
<p>CPGED/NAW4/38 - Key pledges: National Assembly election 2016</p>	
<p>Members discussed the possibility of developing a series of pledges or statements that could be sent to candidates in the National Assembly elections to highlight the key issues facing people living with eating disorders and eating disorders services in Wales.</p> <p>It was agreed that these would be based on the cross party group's key issues document, as the content had already been agreed by members of the group - including service users, family members/carers, health professionals and third sector representatives.</p> <p>The suggested areas were:</p> <ul style="list-style-type: none"> • Primary care and early intervention • Awareness and knowledge in schools • Stigma and discrimination • Skills and attitudes in non-specialist settings • Promoting an holistic approach to recovery <p>It was agreed that KD would develop an electronic flyer that included these issues and circulate to the members of the cross party group for comments. Once finalised, this would be published online and people with an interest in eating disorders would be encouraged to contact their local candidates and raise the issues outlined in the flyer. If time permitted, the graphic would be launched during eating disorders awareness week - w/c 22nd February.</p>	<p>KD to develop electronic flyer, circulate for feedback, finalise and publish.</p>
<p>Bethan Jenkins explained that we would now move on to the Cross Party Group on Eating Disorders Annual General Meeting.</p>	

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Annual General Meeting

26 January 2016

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CPGED/NAW4/39 - Annual Report and Annual Financial Statement	Actions
<p>KD explained that the National Assembly rules for the operation of cross party groups require each group to submit an annual report and annual financial statement.</p> <p>The documents have been prepared and circulated with the paperwork for this meeting. KD explained that the documents outline the members of the group, attendance at each meeting, the issues discussed at each meeting and any financial contributions towards the operation of the cross party group.</p> <p>AGREED</p> <p>The group agreed that the Annual Report and Financial Statement were an accurate reflection of the cross party group's activities over the past year.</p>	<p>KD to send the documents to table office</p>
<p>Bethan Jenkins AM thanked everyone for their attendance.</p>	